

# **Privacy Policy 2025**



**Effective Date:** October 2025

**Instructor / Business Name:** Move with Mel

**Contact:** [contact@movewithmelpt.com](mailto:contact@movewithmelpt.com)

## **1. Introduction**

Your privacy is important to us. This Privacy Policy explains how we collect, use, and protect the personal information you provide when using our website, booking sessions, or communicating with us.

## **2. Information We Collect**

We may collect personal information such as:

Name, email address, phone number

Health or medical information necessary for safe participation in exercise sessions

Payment details (processed securely via third-party providers)

## **3. How We Use Your Information**

Your information is used to:

Manage bookings, payments, and memberships

Communicate with you regarding sessions, updates, or emergencies

Ensure your health and safety during participation

Comply with legal obligations

## **4. Sharing Your Information**

We do not sell or share your personal information with third parties, except:

With your consent

When required by law

To provide services (e.g., payment processors)

## **5. Data Security**

We take reasonable measures to protect your personal information from unauthorised access, use, or disclosure.

## **6. Your Rights**

You have the right to:

Access, correct, or update your personal information

Request deletion of your personal data (subject to legal or contractual obligations)

## **7. Updates to this Policy**

We may update this Privacy Policy from time to time. The latest version will always be available on this website.

## **8. Contact Us**

If you have questions about this Privacy Policy or how your data is used, please contact:

[contact@movewithmelpt.com](mailto:contact@movewithmelpt.com)